**LUNCH COMBO // 14**

Choose One
- Crisp Romaine / Garden Salad / Manhattan Seafood Chowder / Vegetarian Black Bean / Soup of the Day

Choose One
- Corned Beef / Smoked Salmon BLT / Grilled Chicken Club Sandwich

**LUNCHTIME FAVORITES**

Murf Burger* // 15
Bacon, sautéed mushrooms caramelized onions, Swiss & cheddar cheeses, crispy onions and bistro sauce. Choice of French fries or chips. Grass-fed, all-natural burger // 2

Wood Stone Oven Pizza // 11.50
Fontina, mozzarella, grana padano
Add pepperoni, sausage, mushroom for $1 each

Fish and Chips // 15
Cole slaw, bread and butter pickle tartar sauce. Choice of French fries or chips

**SALADS AND SOUPS**

Crisp Romaine // 8
Fresh parmesan, focaccia crouton, oven roasted tomatoes, creamy black pepper and lemon dressing

Garden Salad // full 9 / small 6
Cherry tomato, red onion, cucumber, celery, choice of balsamic, blue cheese, ranch or Italian dressing

Grilled Romaine // 11
Sliced red grapes, crushed bacon, cherry tomato crumbled blue cheese, spiced marcona almonds, spring onion chutney, buttermilk cabernet dressing

Blackened Salmon Filet and Eggplant Salad // 16
Charred eggplant, grilled asparagus, heirloom tomatoes, eggplant crouton, baby arugula, baby spinach, roasted ginger vinaigrette

Spring Cobb Salad // 13
Baby kale, heirloom tomatoes, marinated beets, cucumbers, scallions, roasted corn, toasted pine nuts, haricot vert, blueberries, meyer lemon vinaigrette

Manhattan Seafood Chowder // bowl 8 / cup 6
Stewed tomatoes, scallops, shrimp, pancetta

Vegetarian Black Bean Soup // bowl 7 // cup 5
Sour cream, fried tortilla strips

Soup of the Day // bowl 7 // cup 5

**MAIN COURSES**

Corned Beef and Mustard// 12
House-cured, Guinness mustard, white cheddar cheese, rye. Choice of French fries or chips
Make it a Reuben // 2

Bistro Steak* // 24
All-natural strip, cheddar bacon mashed potatoes, grilled baby leeks, bordelaise sauce

Crab Melt // 14
Sundried tomato, arugula, white cheddar, garlic and herb cheese spread, sourdough. Choice of French fries or chips

Grilled Chicken Club Sandwich // 13
Toasted sourdough, lettuce, bacon jam, tomatoes Choice of French fries or chips

Smoked Salmon BLT // 14
North Atlantic salmon lox, bacon, lettuce, tomato, chive mayo, wheat toast, Choice of French fries or chips

Grilled Chicken Crêpes // 13
Grilled chicken, apple, mushrooms and brie cream Choice of French fries or chips

Faroe Island Salmon* // 22
Basmati rice, roasted fennel, heirloom tomatoes, brown butter and mirin au jus

Grilled “Faux” Gras // 16
Grilled Asian marinated tofu, crispy sushi rice, broccolini

Shrimp with Romesco // 18
Jumbo shrimp, white bean ragout, sauteed kale, sundried tomatoes, asparagus, smoked almond romesco sauce

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.