LUNCH COMBO // 14

Choose One
Crisp Romaine / Garden Salad / Howth Head Seafood Chowder / White Bean and Tomato Soup / Soup of the Day

Choose One
Corned Beef / Smoked Salmon Sandwich / Chicken Club with bacon jam, lettuce and tomato

SOUP

Howth Head Seafood Chowder // bowl 8 / cup 6  
Shrimp, scallops, salmon, pancetta

White Bean and Tomato // bowl 7 // cup 5  
Cannellini beans, stewed tomatoes, fennel, parmesan crisp

Soup of the Day // bowl 7 // cup 5

MAIN COURSES

Corned Beef and Mustard // 12  
Thinly sliced with Guinness mustard, white cheddar cheese, rye, choice of French fries or chips

Make it a Reuben with Sauerkraut and Russian dressing // 2

Braised Short Ribs // 24  
Cheddar bacon mashed potatoes, grilled asparagus, bordelaise sauce

Banh Mi // 14  
Grilled shrimp, pickled vegetable slaw, radish, fresh cilantro, sliced jalapeno, sliced cucumber, white bean faux pate, spicy lemon aioli, baguette, choice of French fries or chips

Make it Vegan with Fried Tofu and Vegan Aioli // 2

Chicken Bacon Ranch Sandwich // 15  
Fried buttermilk marinated chicken breast, applewood smoked bacon, baby arugula, sliced tomato, ranch dressing, Caribbean jerk cheese, pretzel bun, choice of French fries or chips

Smoked Salmon Sandwich // 14  
Smoked salmon, sliced cucumber, red onion, caper-tomato relish, green leaf lettuce, wasabi cream cheese

Grilled Chicken Crêpes // 14  
Grilled chicken, apple, mushrooms and brie cream choice of French fries or chips

Miso Salmon* // 24  
Miso and chile glazed, mushroom soy dressed soba noodles, zucchini, red peppers, shiitake mushrooms, grilled bok choy

MIRIN GLAZED TEMPEH // 16  
Parsnip puree, pan seared king oyster mushrooms, sauteed spinach, pickled root vegetables, mushroom soy jus

Shrimp and Grits // 15  
Stone ground cheese grits, sauteed shrimp, shellfish and sausage demi glace

SALADS

Crisp Romaine // 8  
Fresh parmesan, focaccia crouton, oven roasted tomatoes, creamy black pepper and lemon dressing

Add chicken // 5  
Shrimp // 7

Salmon // 8  
Tofu // 4

Garden Salad // full 9 // small 6  
Cherry tomato, red onion, cucumber, celery, choice of balsamic, ranch or Italian dressing

Spinach Salad // 10  
Baby spinach, marinated red beets, goat cheese, spiced walnuts, pickled onions, pomegranate seeds, sherry thyme vinaigrette

Grilled Romaine // 12  
Sliced red grapes, crushed bacon, cherry tomato, crumbled blue cheese, spiced marcona almonds, persimmon chutney, buttermilk cabernet dressing

Blackened Salmon Salad // 16  
Mesclun greens, heirloom tomatoes, sliced grapes, cucumber, red onions, haricots vert, sliced radish, croutons, green goddess dressing

Fried Chicken Salad // 15  
Fried chicken breast, baby kale, roasted pears, figs, fried prosciutto, spiced chickpeas, heirloom tomatoes, golden raisins, crumbled blue cheese, roasted pear vinaigrette

Steak Salad* // 17  
Marinated steak, baby arugula, feta cheese, spiced chickpeas, heirloom tomatoes, cara cara oranges, blood orange chipotle vinaigrette

ELEVATE YOUR MEAL

These items are also available as side items for an additional charge.

Sweet potato fries // 2
Potato wedges // 2
Fruit cup // 2
Broccoli // 3
Asparagus // 4